



# Do you know what human trafficking is?

Some people use betrayal, threats, violence, lies, or even infatuation to entice and force other people to engage in acts or actions **against their will**.

## Ask yourself these questions

1



Are you working in conditions that you did not accept and/or under **threats**?

Were you **misled** about the kind of work you came here to do?

Did any of your identification documents (ID, Passport...) **got taken away from you**?

2

Are you **forced** to stay in a place where you don't want to be?

Do you receive constant **control** calls?

Are you not free to go where you want or do they not stop **surveilling** you?

Are you **detained or threatened**?

Are you not allowed to communicate with your family or friends?



Are you subjected to physical or psychological **abuse**?

Are you **scared** and is it difficult for you to talk about it?

Do you receive **threats** towards yourself or towards your family?



Does someone **control** your money or time?

Are you working for free or for little money to pay off a **debt**?

Were you ever **forced** to use drugs and alcohol?



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# Be careful!

If you or someone you know is going through any of these situations, they could be a victim of **Human Trafficking**.



## Before coming to Spain

Request detailed information about the job, clarify the economic part. **Be wary if they offer you a really high salary.**

**Investigate details of the company in which you are going to work.**

Where is it? What do you work on?

**Find out about the place where you are going to live.**

Are you getting paid for a job or service? Your family and friends may want to help you, however, they also have their problems and you can inadvertently become a burden and be **forced to accept things you do not want.**

**Inform your most trusted relative of:**

The address and the city where you are going to live.

A **secret word** to intervene in case you feel something strange.

## If you are already in Valladolid

You can have translation, psychological and legal **support**, as well as access to safe housing.

Whatever your administrative situation is, ask for information and free help from NGOs. Take this paper if it helps you.

## We can help you!

Contact us at Red Íncola

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